



Stronger Families & Children

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Rule of Thumb: It's not what you do, but what you did after you did what you did.

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Child Parent Relationship Training

This Spring, we are having a CPRT class for parents. The 10 week course is proven to have lasting effects—even more than play therapy alone! Classes start the February 6th. RSVP ASAP as space is limited.

This class is \$25 per client and taught by Heather McGilvray, LPC Intern. Time to be announced. Contact her at heather@christygrahamlpc.com



John McDonald and Marla Carrico!

Play is Therapeutic!

Learning to play, speaking your child's language and helping them problem solve in a developmentally appropriate way—this is our dream for you!

We are beginning a series of groups that will help to underscore the importance of play in the learning process. Some groups teach parents to be their child's therapeutic partners. Some will teach families how to eat better and more intentionally. Our hope is that by incorporating play into our learning, we can reach all the generations in the family and make life just lots more fun.

Join us in January for our Parent Education Program—PEP! Our featured speaker for our first program is a certified nutritionist, Vivian Nichols who will talk to us about [the L.E.A.N. Essentials](#) on January 10th, 2015 at 2 pm. She will have food, fun, and lots of education packed into her 2 hour presentation that was developed by Dr. Sears. To learn more or to sign up for this classroom experience, call 940-222-8703. The cost is \$25 per adult. If we have lots of interest, we will have a more in-depth group later in the year.

[Heather McGilvray, LPC Intern](#) is developing an expressive art group for preadolescent boys. Call or email her for more details! Each group will be \$25 per member.

Christy Graham, LPC & Associates is changing, growing, MOVING?!

My dream for the last few years has been to grow my company into a home for hurting families in the community. I've done a lot of preliminary work, both personally and professionally. My company has incorporated, I've received a supervisors license as an LPC and a registered Play Therapist, my first LPC Intern has joined the practice. We are ready for the next step.

We are moving to a wonderful location in **Oakmont! Our address will still be Corinth, but we will be located on the corner of Robinson Road and State School Road. Right now there is a large Oak Tree where our kitchen will be!**

Very soon, there will be many changes—size, location, visibility, number of clinicians. The mission—to meet people where they are and help them to realize their dreams for their family and themselves—that hasn't changed.

Several people have worked very hard to help me realize this dream: [Scott Reib](#), my attorney, [Marla Carrico](#), my realtor, [Kathleen Mills](#), my mentor, and my students—[Jodi](#) and [Laura](#). But my biggest teammates were God and the family and friends He has blessed me with. **Thanks.**