

## CHRISTY A. GRAHAM, LPC-SUPERVISOR RPT-SUPERVISOR

940-222-8703, EXT 700 940-239-9867 FAX  
1430 ROBINSON ROAD #430 CORINTH, TEXAS 76210  
CHRISTY@ACORNCOUNSELING.SERVICES

**OBJECTIVE:** Strive to strengthen families, children, and the community through education, advocacy, and counseling with children and families. To utilize LPC and Registered Play Therapist certifications for the benefit of the community.

### SPECIALTY AREAS

**Groups:** Child Parent Relationship Class [Filial therapy]

**Children:** Play/Activity based therapy for issues such as behavior problems and issues with abuse and trauma, discipline, parental conflict, adjustment, grief

**Families:** Traumatized and hurting families, families with major decisions to make, families with an identified member who has mental illness or other issues

**Individual Adult:** Abuse issues from childhood, Trauma, Post Traumatic Issues, Mental Illness,

### EDUCATION

1996–1998 Sam Houston State University M. A., Clinical Psychology  
Huntsville, TX  
Psychology Intern, Burke Center Adult Clinic

1992–1996 Texas A&M University B.A., Clinical Psychology, University  
College Station, TX Honors  
Degree in Liberal Arts  
Cum Laude

National Merit Scholar and Scholarship; 1992-1996  
Lechner Fellowship; 1992-1996  
Texas A&M Dean's List for 3 semesters  
Retail Grocer's Award; 1995

#### **Seminars/Special Classes**

2018 Collaborative law and Mental Health Professionals. Millwood. C. Millner. [3 hours]  
Group Crisis Intervention. Larry Lowe. ICISF approved training. UMBC Training Centers. [1.4 hours]  
Texas LPC Supervisor Refresher Training. Center for Counseling and Family Relationships. [6 hours]

2017 Trauma-Informed Expressive Arts Therapy with Children and Families. Trauma-Informed Practice. [6 hours]  
Ethics of Art Therapy and Play Therapy with Traumatized Children. Trauma-Informed Practice. [6 hours]  
Flipping Our Lens On Youth Challenges: Real Problems, Real Solutions. WATCH Wellness Workshop. December 1, 2017. [3 hours]  
Adolescent Identity Development. Changes Outpatient of Frisco. [1 hr]  
Basic Interdisciplinary Training. Collaborative Divorce Texas. May 4-5, 2017. [12.5 hours, 1.25 hours Ethics]  
Ethics: How to avoid getting the #?! Scared out of you. Millwood. May 14, 2017.  
Using Expressive Arts in Play Therapy: Trauma-Informed Practice (Day I, Day2). Cathy Malchiodi. UNT Summer Institute. [12 hours]

2016 Trauma Model Therapy. Colin Ross, MD. UBH [1.5 hours]  
WATCH Wellness Workshop: Perspectives: Strengthening Bridge Between Parents and Providers. [3 hours]  
WATCH and First 3 Years: Trauma-Informed Care: Brain Architecture Game. Lena Zettler, MA LPA. [1.5 hours]  
Texas LPC Supervisory Practices Refresher Training. Dr Rhonda Johnson, LPC S. [6 hours]  
WATCH and First 3 Years: Working Across Cultures. Teresa McKinney, Ed. D. [1.5 hours]

2015 WATCH Wellness Workshop: Making sense of the Autism Spectrum. [2 hours]

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- Child Parent Relationship Therapy: An Evidenced Based Filial Play Therapy Model, Part 1. Sue Bratton. UNT Spring Conference. [7 hours]  
Guided HIPAA Workshop with Tod Ferran@Security Metrics. Tod Ferran. Life Tree Counseling Center. [3 hours]  
WATCH Wellness Workshop: Support and Collaboration. Amanda Mrstik. [2 hours]  
Child Parent Relationship Therapy: An Evidence Based Filial Play Therapy Model, Part 2. Sue Bratton. UNT Fall Conference [7 hours]
- 2014 Neurobiology Informed Play Therapy (Part I, Part II). Rick Gaskill. UNT Summer Institute. [12 hours]  
Using Expressive Arts in Play Therapy Supervision to Facilitate Self-Awareness. Sue Bratton. UNT Summer Institue. [6 hours supervision]  
Protect, Defend, Equip. Kathleen Mills. LifeTree Counseling. [7 hours, 3 hours ethics]
- 2013 Nonsexual Boundary Violations: Ethical Issues in Family Court for Counselors, Therapists, and Supervisors” North Texas Families in Transitions Professional Practice Group. [4 hours, 3 hours ethics and supervision]
- 2012 Transformative Supervision. Dr Ken Bateman. New Directions Counseling Center. [40 hours]
- 2011 Volume 19: Number 4, October 2010. International Journal of Play Therapy. [1 hour]  
Volume 19: Number 3, July 2010. International Journal of Play Therapy. [1 hour]  
Volume 19: Number 1, January 2010. International Journal of Play Therapy. [1 hour]  
Volume 18: Number 4, October 2009. International Journal of Play Therapy. [1 hour]
- 2010 Legal and Ethical Considerations when using the DSM-IV-TR: Best Practices Part 1, Part 2. Peter Vergso. US Journal Training and The Institute for Integral Development [USJT.com] [2 hours].  
How to Manage and Maintain Your Play Therapy Private Practice. Teri V. Krull, LLC. Association for Play Therapy Online Education [2 hours]  
Difficult Issues in Play Therapy: Therapist Use of Self. Dr Sue Bratton. Center for Play Therapy: International Play Therapy Institute. [6 hours]  
The Dissociative Structure Model: How to Integrate Trauma and Extensive Comorbidity. Dr. Colin Ross, MD. Sharp Focus Centers [3 hours]
- 2009 The Personality Disorders through the Lens of Attachment Theory and the Neurobiologic Development of the Self: A Clinical Integration Part 1 and Part 2. Dr. Alan Schore. US Journal Training and The Institute for Integral Development [USJT.com] [6 hours]  
Enduring Impact of Relational Trauma on the Developing Right Brain. Dr. Alan Schore. US Journal Training and The Institute for Integral Development [USJT.com] [1.5 hours]
- 2008 Children, Trauma, and Substance Abuse. Dr Mungdze Study Group. UBH [1 hour]
- 2007 Clients in Litigation. Aaron Robb and Brad Craig. [6 hours—3 ethics]  
Magical Moments in Play Therapy: What facilitates change? Dr. Lenore Terr at UNT. Summer Institute Play Therapy Conference [12 Hours]  
The Play Therapist Goes to Court: Are You Prepared? Summer Institute of Play Therapy Conference [6 hours—3 ethics]
- 2006 Child Parent Relationship Therapy (CPRT): A research-Based 10 Session Filial Therapy Model. Garry Landreth, Sue Bratton at UNT; Summer Institute Play Therapy Conference [12 Hours]  
Ethics #6: Counseling Issues. Richard Nongaard, FAST CEUS.com [3 hours—ethics]

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- 2005 In the Best Interest of the Child: How to Protect Your Child from the Pain of Divorce. Dr. Keith Gibson at CE-Credit.com [6 hrs].
- 2005 Helping Children Survive Divorce. Dr. Archibald Hart at Study Credit [7 hrs]
- 2004 Ethics: Ten Therapeutic Myths. Peach Tree Associates [3 hrs]
- 2004 The Art of the Relationship in Filial Therapy: A Ten Session Model. Gary Landreth at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2004 Symbol and Relationship: An Integration of Jungian Play Therapy and Systemic Theory. John Allan, Mary Anne Pare at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2004 Symbol and Relationship: An Integration of Jungian Play Therapy and Systemic Theory. John Allan, Mary Anne Pare at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2003 Subjective Well-Being. Richard Shurman at CPE [6 hrs]
- 2003 The Fear Factor: Our Mutual Problem and Opportunity. Dr. Scott Floyd, Dr. Keith Cobern, Dr. Wade Hemminger at Prestonwood HopeWorks Counseling[6 hrs]
- 2002 Determining What's Really Going on in Your Play Therapy Session. Dr Sue Bratton and Dr. Linda Homeyer at UNT; Summer Institute Play Therapy Conference [3 hrs]
- 2002 ADHD and Differential Diagnosis: What the Play Therapist Can Do. Dr. Paul Warren at UNT; Summer Institute Play Therapy Conference [3 hrs]
- 2002 Play Therapy with Abused Children. Dr. Eliana Gil at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2002 Developmentally Sensitive Postraumatic Play Therapy. Dr. Janine Shelby at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2002 Ethics: Online Issues. PeachTree Professional Education, Inc [3 hrs]
- 2001 Play Therapy Techniques for Assessment of and Intervention with Children with Attention-Deficit Hyperactivity Disorder. Terry Kottman at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2001 Art Techniques for Developing Understanding of Children and Families in Play Therapy. Terry Kottman at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2001 Principles and Process of Play Therapy for Specific Therapeutic Issues. Emily Oe at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2001 Documentation. Kenneth Placke at Burke Center [2 hrs]
- 2001 Advanced Play Therapy [Adlerian], Dr DeFrance at SHSU; SHAPT; Winter [48 hrs]
- 2001 Talking Directly to the Child Within: The Use of Therapeutic Metaphors in the Playroom. Dr. Emily DeFrance at SHSU; SHAPT; Winter [6 hrs]
- 2000 Play Therapy Basics [Child Centered], Dr DeFrance at SHSU [48 hrs]
- 2000 Breaking the Silence: Art Therapy with Traumatized Children. Cathy Malchiodi at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2000 Small Voices: Assessment and Play Therapy with Abused Preschool Children. Sandra Hewitt at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2000 Learning the Language of Play: It's all in the Translation. Linda Homeyer at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 2000 Exploring the Child's World Through Play Therapy. Rie Rogers Mitchell at UNT; Summer Institute Play Therapy Conference [6 hrs]
- 1997-1999 WAIS-R, WISC, Rorschach, Dr. Kordinack and Dr. Eglsaer; Marriage and Family Therapy, Dr. Bruhn; Group Therapy, Dr Marcus at SHSU

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### EMPLOYMENT

- 2003-Present*                      Owner, Clinical Director, Therapist                      Denton, TX  
Specialize in therapy for childhood trauma and adjustment issues, divorce and high conflict custody issues, provide play therapy, group counseling, individual counseling, parenting training, filial therapy. Directly supervise team of professionals at Acorn Counseling Education Services.
- 2001-2003*                      Therapist                      LSSS  
Nelson Center                      Denton, TX  
The Nelson Center, a residential treatment facility, serves clients from the age of 5 to 16, both boys and girls. Most referrals are from CPS, or JPD for children with severe behavioral and emotional difficulties. Most have a severe history of physical abuse, sexual abuse, and/or neglect. Some are post-adopt, some are in the process of family termination, some are in the process of family reunification. Individual, group, and family therapy is offered in order to make transition from the locked facility to homes easier for the child and to assist the family in the healing process. Serve 15 clients per week in all modalities using play therapy, art therapy, and parent training. Teach direct care workers to handle severe and dangerous behaviors and assist them in teaching alternate, more appropriate behaviors to clients through cognitive behavioral techniques. Discuss post traumatic issues with clients, staff and families. Assist families in difficulty decisions. Deal with variety of issues such as anger management, battering, suicidal ideations, and sexual assault.
- 2000-2001*                      Therapist/Therapist Associate                      Burke Center  
Family Counseling Associates                      Livingston, TX  
FCA , an MHMR facility, serves clients with ages from 3 to 18. Referral issues included Bipolar Disorder, psychosis, depression, ADHD, school problems, probation issues, and abuse issues and all emergency cases for 3 counties. Served 15 to 25 clients per week in play therapy, family therapy, parent training, and group therapy settings. Carried individual clients for long-term therapy, working with the families as needed. Wrote all rehabilitation plans for skills trainers, as well as contacting parents to discuss plans and services. Facilitated first summer camp for clients, which ran 5 days a week. 6 hours a day for 3 weeks. Promoted when licensed. Filled in as office staff, skills trainer or social worker as needed.
- 1999-2000*                      Service Coordinator, QMHP                      Burke Center  
Adult Clinic                      Livingston, Tx  
The Adult Clinic, an MHMR facility, serves adults over the age of 18 with chronic mental health difficulties. Referral issues include Major Depression, Bipolar Disorder, psychotic disorders, Borderline Disorder, Anxiety Disorder with an age range of 18 to 70. The program taught skills such as money management, diagnosis management, anger management, and social skills. Provided individual therapy for 1 to 3 adults per day. Planned, and implemented 3 groups of 8 clients per day with contact for at least 6 hours per day, as well as therapeutic day trips and community experiences for groups.
- 1996*                      House Parent                      Brazoria County  
Youth Services                      Angleton, Tx

### LICENSES/CERTIFICATIONS

- 2000      Licensed Professional Counselor–16563  
2002      Registered Play Therapist–T743